



(Rescheduled from 12/28/22)

Advanced Training

PRACTICAL SKILLS:

TRAUMA-RESPONSIVE EMOTIONAL INTELLIGENCE

Presenter: Elizabeth Power, M. Ed.

Founder: Trauma Informed Academy

Friday, January 20, 2023

9:00 am—4 pm

6 hours of CEU's

Objectives:

Identify at least two benefits of “impact-“rather than “name-based” definitions of what is traumatic.

Recognize at least four categories of positive inner connections people can call on for self-soothing.

Describe three tools for increasing “Elastic Emotions” that they can implement.

State two methods for Sustaining Vitality that encompass managing vicarious trauma.

Discuss the relationship of

(a) Inner connections that can be used for self-soothing

(b) Elastic Emotions or emotional regulation and

(c) Sustaining Vitality or managing exposure to ABIP’s work.

Participants will leave with downloadable handouts for reuse.

For more information on topic and speaker go to:

<https://www.thetraumainformedacademy.com>

Fees:	6 hrs
Members	\$85
Non-Member	\$95
Student/Intern	\$75
APA CEU's	\$30

Facilitator CEU's included in price
CEU'S FOR LICENSED ATTENDEES \$30 FOR 6 HOURS

You may register on website **ABIPS.COM** and pay via Pay Pal.

If paying by check print out and mail to

ABIP 1621 W. 25th St. #575 San Pedro, CA 90732. Must be received by January 19th.

Information to join Zoom meeting will be sent out Wednesday afternoon.

Name: _____

Address: _____

City State Zip _____

Phone: _____ Email: _____

Professional Title/Discipline: _____

Agency/Organization: _____

If BBS credit: Type of License/number: _____

Total Enclosed: _____ BBS CEU's _____