

August 30 & 31, 2024

Friday & Saturday

8:30 am—1:00 pm 4 hours of CEU's each day

Emotional Literacy: The protective Factor

Friday August 30, 2024

Objectives

- Recognize the role of emotional literacy in reducing violence in relationships
- Discuss the relationship between emotional literacy and self-regulation
- Describe how emotional literacy supports violence reduction in relationships.
- Demonstrate at least three tools for helping clients increase emotional literacy

Facilitator CEU's included in training fee

APA CEU'S AVAILABLE FOR LICENSED ATTENDEES AT ADDITIONAL COST

Resilience and Self Care

Saturday August 31, 2024

Objectives

- Describe trauma as a universal experience with unique reactions
- Describe sustaining vitality and its role in supporting the clinical process
- Discuss ways the 7C schema of resilience strengthens sustaining vitality
- Demonstrate three core trauma-responsive skills present-

| Fees: | 4 hrs (1 day) | 8 hrs (both days) |
|----------------|---------------|-------------------|
| Members | \$100 | \$180 |
| Non-Member | \$135 | \$210 |
| Student/Intern | \$ 85 | \$150 |
| APA CEU's | \$45 (4 hrs) | \$70 (8 hrs) |

You may register on website ABIPS.COM and pay via Check, PayPal or Zelle

If paying by check print out and mail to

ABIP 1621 W. 25th St. #575 San Pedro, CA 90732. Must be received by August 28th.

Name: _____

Address: _____

City State Zip _____

Phone: _____ Email: _____

Professional Title/Discipline: _____

Agency/Organization: _____