

ABIP ADVANCED TRAINING



Forgive for Good

June 3, 2022

via Zoom

9am - 3pm

Times are pacific standard (California) time

Speaker: Frederic Luskin, Ph.D.

Dr. Luskin is Co-Founder of Life Works/Wellness Education at Stanford School of Medicine and Co-Founder and Director of Stanford Forgiveness Projects.

6 hours of facilitator and BBS CEU's available

Training fees: ABIP member - \$100 BBS CEU's - \$30
Non member - \$135

Registration

Please print out, complete form and mail with check to:

1621 W. 25th St #575 San Pedro, CA 90732

OR you may go to our website, abips.com complete form and pay via PayPal

Name: _____

Address: _____ City, State, Zip: - _____

Agency: _____ Prof Title _____

Email: _____ Phone#: _____

Amount Enclosed: _____ BBS CEU's: \$30 _____ Licence #: _____

BBS CEU's available for an addiotnal \$30 for 6 hours - Please write seperate check for BBS CEU's to RTI (Relationship Training Institute) or you may include the \$30 in your PayPal payment. Facilitator CEU's included in training fee

Forgive for Good

Objectives:

1. Understand the mind/body link in forgiveness
2. Learn about research showing effectiveness of forgiveness in physical, mental and relationship well being
3. Practice aspects of the research tested Stanford Research Projects 9 steps to forgiveness
4. Use cognitive disputation to challenge unenforceable rules
5. Understand the role that forgiveness plays in creating happiness and resilience

Zoom link and additionall information will be provided with confirmation letter.

If you have questions regarding the training please email
Christy Stillwell at cabip7777@yahoo.com

For more information on our speaker please visit
www.learningtoforgive.com

Looking forward to seeing you at the training and we
thank you for supporting ABIP!